

Konjac-based noodles

Ingredients of the ready-to-use product:
hydroxide & citric acid

Cooking Instructions: Boil the noodles in 500ml of hot salted water for approx. 10 minutes. Drain noodles and enjoy with a delicious sauce or some sautéed vegetables.

Nutrition facts	Per 100g (cooked)	Serving (200g)	%RI per portion
Energy	111kJ / 27kcal	222kJ / 54kcal	3%
Fat	0g	0g	0%
of which saturates	0g	0g	0%
Carbohydrates	0.5g	1.0g	0%
of which sugar	0g	0g	0%
Fiber	13g	26g	
Protein	0g	0g	< 1%
Salt	0g	0g	0%

Store in a cool, dry place

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