

## Konjac flour

**Zutatenverzeichnis:** Konjac flour (100%) with 93% Konjac Glucomannan

**Verzehrempfehlung:** For use as an appetite suppressant, mix 1g of Shileo Roosaar Konjak with about 200ml of water, stir well and drink 3 times a day about 30 minutes before each meal.

<b>Nutrition facts</b>	<b>Per 100g (dry)</b>
<b>Energy</b>	820kJ / 200kcal
<b>Fat</b>	0g
of which saturates	0g
<b>Carbohydrates</b>	3g
of which sugar	2g
<b>Fiber</b>	88g
<b>Protein</b>	2g
<b>Salt</b>	0.5g

**Warnhinweis:** Due to the enormous swelling property of glucomannan, this product is not suitable for children or consumers with swallowing difficulties as there is a risk of choking

Store in a cool, dry place

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mehr Info: [shileo.de/green](https://shileo.de/green)

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